

| Pos | Nombre | Tiempo | | | | | | | | | | | | | | |
|---------------------|--|---------------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| F-10 (1) | | 1,1 km 40 m | | 7 C | | | | | | | | | | | | |
| | | 1(52) | 2(65) | 3(70) | 4(67) | 5(71) | 6(46) | 7(100) | Meta | | | | | | | |
| 1 | Inés Lastra Asanza | 25:51 | 2:48 | 6:22 | 10:20 | 13:58 | 18:41 | 23:14 | 25:13 | 25:51 | | | | | | |
| | Club Monte El Pa Club Monte El Parc | | 2:48 | 3:34 | 3:58 | 3:38 | 4:43 | 4:33 | 1:59 | 0:38 | | | | | | |
| F-12 (5) | | 1,6 km 40 m | | 12 C | | | | | | | | | | | | |
| | | 1(52) | 2(65) | 3(70) | 4(67) | 5(60) | 6(71) | 7(33) | 8(35) | 9(63) | 10(32) | 11(46) | 12(100) | Meta | | |
| 1 | PAULA REYES LÓPEZ | 25:28 | 2:24 | 4:45 | 8:08 | 10:20 | 11:24 | 15:20 | 18:36 | 19:38 | 21:30 | 22:49 | 23:24 | 25:06 | 25:28 | |
| | Alabarda-O Alabarda-O | | 2:24 | 2:21 | 3:23 | 2:12 | 1:04 | 3:56 | 3:16 | 1:02 | 1:52 | 1:19 | 0:35 | 1:42 | 0:22 | |
| 2 | Cecilia Sanz Arias | 29:41 | 2:31 | 5:09 | 8:15 | 11:12 | 12:48 | 16:09 | 18:42 | 20:41 | 23:28 | 26:01 | 26:54 | 29:11 | 29:41 | |
| | COV - Club de Or COV - Club de Orie | | 2:31 | 2:38 | 3:06 | 2:57 | 1:36 | 3:21 | 2:33 | 1:59 | 2:47 | 2:33 | 0:53 | 2:17 | 0:30 | |
| 3 | Elena Jimenez Espeso | 36:23 | 2:01 | 7:13 | 9:43 | 14:17 | 17:33 | 23:55 | 27:54 | 29:17 | 31:14 | 33:04 | 33:53 | 35:58 | 36:23 | |
| | Imperdible Imperdible | | 2:01 | 5:12 | 2:30 | 4:34 | 3:16 | 6:22 | 3:59 | 1:23 | 1:57 | 1:50 | 0:49 | 2:05 | 0:25 | |
| 4 | Ana Yllan Ortiz | 41:39 | 2:56 | 6:51 | 11:09 | 16:04 | 17:31 | 21:31 | 24:59 | 30:08 | 33:40 | 36:33 | 38:01 | 41:10 | 41:39 | |
| | Alabarda-O Alabarda-O | | 2:56 | 3:55 | 4:18 | 4:55 | 1:27 | 4:00 | 3:28 | 5:09 | 3:32 | 2:53 | 1:28 | 3:09 | 0:29 | |
| 5 | María Moríñigo Álvarez | 44:34 | 5:46 | 8:08 | 12:26 | 14:57 | 16:10 | 26:12 | 30:47 | 32:57 | 34:49 | 37:19 | 38:40 | 43:54 | 44:34 | |
| | COV - Club de Or COV - Club de Orie | | 5:46 | 2:22 | 4:18 | 2:31 | 1:13 | 10:02 | 4:35 | 2:10 | 1:52 | 2:30 | 1:21 | 5:14 | 0:40 | |
| F-14 (3) | | 1,9 km 70 m | | 14 C | | | | | | | | | | | | |
| | | 1(52) | 2(53) | 3(62) | 4(67) | 5(51) | 6(73) | 7(61) | 8(35) | 9(69) | 10(63) | 11(35) | 12(32) | 13(31) | 14(100) | |
| 1 | Diana Alonso Ruiz | 22:03 | 1:07 | 3:21 | 5:18 | 7:46 | 11:23 | 12:22 | 14:18 | 14:56 | 16:06 | 17:07 | 18:08 | 19:36 | 20:57 | 21:46 |
| | COLMENAR COLMENAR | | 1:07 | 2:14 | 1:57 | 2:28 | 3:37 | 0:59 | 1:56 | 0:38 | 1:10 | 1:01 | 1:01 | 1:28 | 1:21 | 0:49 |
| 2 | Ariadna Garrido Contreras | 27:45 | 1:32 | 3:25 | 6:54 | 9:03 | 12:20 | 13:39 | 16:19 | 17:21 | 20:38 | 21:46 | 22:51 | 25:00 | 26:26 | 27:28 |
| | Alabarda-O Alabarda-O | | 1:32 | 1:53 | 3:29 | 2:09 | 3:17 | 1:19 | 2:40 | 1:02 | 3:17 | 1:08 | 1:05 | 2:09 | 1:26 | 1:02 |
| 3 | Patricia Toledo Navarro | 29:12 | 1:16 | 2:32 | 4:58 | 10:35 | 17:18 | 18:20 | 20:17 | 20:52 | 22:24 | 23:26 | 24:42 | 26:22 | 27:51 | 28:54 |
| | Alabarda-O Alabarda-O | | 1:16 | 1:16 | 2:26 | 5:37 | 6:43 | 1:02 | 1:57 | 0:35 | 1:32 | 1:02 | 1:16 | 1:40 | 1:29 | 1:03 |
| F-16 (3) | | 2,0 km 80 m | | 15 C | | | | | | | | | | | | |
| | | 1(52) | 2(53) | 3(64) | 4(46) | 5(32) | 6(33) | 7(35) | 8(69) | 9(63) | 10(33) | 11(36) | 12(51) | 13(34) | 14(50) | |
| 1 | Guadalupe Losada Moreno | 23:23 | 1:22 | 2:47 | 4:27 | 5:25 | 6:06 | 7:11 | 8:05 | 9:34 | 10:35 | 11:48 | 14:21 | 16:56 | 18:32 | 20:13 |
| | Club Monte El Pa Club Monte El Parc | | 1:22 | 1:25 | 1:40 | 0:58 | 0:41 | 1:05 | 0:54 | 1:29 | 1:01 | 1:13 | 2:33 | 2:35 | 1:36 | 1:41 |
| 2 | Ainoha Garcia Vendrell | 30:54 | 1:26 | 3:37 | 5:21 | 6:37 | 7:19 | 8:47 | 9:46 | 12:26 | 15:44 | 17:38 | 20:04 | 23:41 | 25:40 | 27:05 |
| | S.D. Correcamino S.D. Correcamino | | 1:26 | 2:11 | 1:44 | 1:16 | 0:42 | 1:28 | 0:59 | 2:40 | 3:18 | 1:54 | 2:26 | 3:37 | 1:59 | 1:25 |
| 3 | Sheila Garcia Vendrell | 35:18 | 6:49 | 9:36 | 11:02 | 12:47 | 13:29 | 16:03 | 17:04 | 18:39 | 20:06 | 21:45 | 24:20 | 26:50 | 28:51 | 30:30 |
| | S.D. Correcamino S.D. Correcamino | | 6:49 | 2:47 | 1:26 | 1:45 | 0:42 | 2:34 | 1:01 | 1:35 | 1:27 | 1:39 | 2:35 | 2:30 | 2:01 | 1:39 |
| F-18/35 (16) | | 3,2 km 130 m | | 19 C | | | | | | | | | | | | |
| | | 1(50) | 2(71) | 3(34) | 4(36) | 5(38) | 6(69) | 7(61) | 8(38) | 9(40) | 10(41) | 11(38) | 12(43) | 13(42) | 14(58) | |
| 1 | María Eugenia Moreno Gonzalez | 50:47 | 3:15 | 4:14 | 4:49 | 6:40 | 9:20 | 11:52 | 13:49 | 16:49 | 22:01 | 25:53 | 32:04 | 34:59 | 38:01 | 39:09 |
| | C.D.E Rumbo Madr C.D.E Rumbo Ma | | 3:15 | 0:59 | 0:35 | 1:51 | 2:40 | 2:32 | 1:57 | 3:00 | 5:12 | 3:52 | 6:11 | 2:55 | 3:02 | 1:08 |
| 2 | Sandra Aguilera Sanchez | 58:07 | 3:54 | 1:08 | 2:41 | 1:18 | 2:19 | 0:18 | 3:54 | 1:08 | 2:41 | 1:18 | 2:19 | 0:18 | 3:54 | 1:08 |
| | COLMENAR COLMENAR | | 2:34 | 3:37 | 4:20 | 8:17 | 11:48 | 15:36 | 17:46 | 20:25 | 23:24 | 26:54 | 35:20 | 40:37 | 43:56 | 45:15 |
| 3 | Nekane Astigarraga Suarez | 58:55 | 2:34 | 1:03 | 0:43 | 3:57 | 3:31 | 3:48 | 2:10 | 2:39 | 2:59 | 3:30 | 8:26 | 5:17 | 3:19 | 1:19 |
| | COLMENAR COLMENAR | | 48:23 | 50:03 | 53:20 | 54:53 | 57:44 | 58:07 | 3:08 | 1:40 | 3:17 | 1:33 | 2:51 | 0:23 | 2:25 | 0:23 |
| 4 | María de la Cruz Gutierrez | 1:01:24 | 2:25 | 3:42 | 4:54 | 7:15 | 11:27 | 16:45 | 19:29 | 22:02 | 27:47 | 35:25 | 39:07 | 41:42 | 45:14 | 46:22 |
| | CORZO CORZO | | 2:25 | 1:17 | 1:12 | 2:21 | 4:12 | 5:18 | 2:44 | 2:33 | 5:45 | 7:38 | 3:42 | 2:35 | 3:32 | 1:08 |
| 5 | Silvia López | 1:02:26 | 4:33 | 1:10 | 2:45 | 1:26 | 2:20 | 0:19 | 4:49 | 6:13 | 6:48 | 8:30 | 14:00 | 17:54 | 19:46 | 22:49 |
| | Astur Extrem Clu Astur Extrem Club | | 4:49 | 1:24 | 0:35 | 1:42 | 5:30 | 3:54 | 1:52 | 3:03 | 4:08 | 4:52 | 3:40 | 4:47 | 3:32 | 1:30 |
| 6 | Elena Sánchez Íñiguez De La To | 1:06:15 | 48:35 | 50:21 | 54:20 | 56:09 | 1:00:58 | 1:01:24 | 3:17 | 1:46 | 3:59 | 1:49 | 4:49 | 0:26 | 52:26 | 54:02 |
| | COV - Club de Or COV - Club de Orie | | 2:17 | 1:05 | 0:44 | 4:34 | 3:21 | 3:41 | 1:27 | 2:16 | 8:47 | 4:57 | 2:48 | 8:42 | 3:59 | 1:16 |
| 7 | Guadalupe Zarza Ramos | 1:06:36 | 2:31 | 1:36 | 2:57 | 1:36 | 3:19 | 0:32 | 52:26 | 54:02 | 56:59 | 58:35 | 1:01:54 | 1:02:26 | 2:32 | 1:36 |
| | Navaleno-O Navaleno-O | | 3:31 | 5:07 | 5:59 | 8:46 | 13:06 | 17:44 | 47:32 | 49:53 | 1:01:12 | 1:02:51 | 1:05:44 | 1:06:15 | 3:55 | 2:21 |
| 8 | Cristina Mayordomo Mernes | 1:10:33 | 2:47 | 4:26 | 5:15 | 8:03 | 12:16 | 16:19 | 4:49 | 6:13 | 6:48 | 8:30 | 14:00 | 17:54 | 19:46 | 22:49 |
| | EntreBalizas EntreBalizas | | 2:47 | 1:39 | 0:49 | 2:48 | 4:13 | 4:03 | 1:52 | 2:37 | 4:57 | 2:51 | 2:49 | 12:48 | 3:50 | 1:34 |
| | | | 54:14 | 55:44 | 1:01:02 | 1:02:58 | 1:06:13 | 1:06:36 | 4:37 | 1:30 | 5:18 | 1:56 | 3:15 | 0:23 | 6:46 | 7:51 |
| | | | 6:46 | 7:51 | 8:40 | 10:38 | 19:27 | 24:58 | 6:46 | 1:05 | 0:49 | 1:58 | 8:49 | 5:31 | 2:27 | 3:08 |
| | | | 55:53 | 1:00:35 | 1:05:00 | 1:07:07 | 1:10:08 | 1:10:33 | 2:55 | 4:42 | 4:25 | 2:07 | 3:01 | 0:25 | | |

| Pos | Nombre | Tiempo | | | | | | | | | | | | | | |
|---------------------|--|--------|------------------------|-----------------------|-----------------------|-----------------------|------------------------|------------------------|------------------------|------------------------|---------------|----------------|----------------|---------------|---------------|---------------|
| <i>M-20/35 (44)</i> | | | 3,8 km | 150 m | 21 C | | <i>(cont.)</i> | | | | | | | | | |
| | | | 1(53) 15(44) | 2(64) 16(45) | 3(71) 17(73) | 4(33) 18(51) | 5(69) 19(62) | 6(39) 20(50) | 7(61) 21(100) | 8(35) Meta | 9(69) | 10(41) | 11(43) | 12(42) | 13(45) | 14(57) |
| 5 | Pedro Cenalmor Azcona LOS ÁNGELES ORIE LOS ÁNGELES | 41:33 | 2:41 2:41 29:03 | 3:37 0:56 30:52 | 4:30 0:53 34:35 | 5:29 0:59 35:20 | 7:02 1:33 37:36 | 8:12 1:10 38:33 | 9:14 1:02 41:12 | 9:50 0:36 41:33 | 10:46 0:56 | 12:39 1:53 | 18:17 5:38 | 20:25 2:08 | 23:35 3:10 | 26:39 3:04 |
| 6 | Miguel Angel Duran Garcia Malarruta Malarruta | 41:41 | 4:11 4:11 30:10 | 5:30 1:19 32:02 | 6:16 0:46 35:29 | 7:12 0:56 36:14 | 8:45 1:33 38:41 | 9:58 1:13 39:21 | 11:07 1:09 41:23 | 11:38 0:31 41:41 | 13:48 2:10 | 15:52 2:04 | 19:56 4:04 | 22:27 2:31 | 25:23 2:56 | 27:49 2:26 |
| 7 | Luis Benavente Martínez S.A.D. Tierra Tr S.A.D. Tierra Trágam | 41:42 | 2:21 1:45 1:45 | 1:52 2:37 0:52 | 3:27 3:30 0:53 | 4:45 5:11 1:41 | 6:09 7:11 2:00 | 8:25 9:23 1:14 | 10:03 9:23 0:58 | 11:07 10:03 0:40 | 11:07 1:04 | 13:28 2:21 | 22:08 8:40 | 24:55 2:47 | 27:42 2:47 | 29:00 1:18 |
| 8 | Juan Combarro Gallego S.A.D. Tierra Tr S.A.D. Tierra Trágam | 41:43 | 2:05 1:25 29:08 | 2:13 0:48 31:01 | 2:50 0:37 34:19 | 3:45 0:55 36:39 | 5:08 1:23 38:40 | 6:09 1:01 39:31 | 7:03 0:54 41:28 | 7:39 0:36 41:43 | 8:38 0:59 | 10:18 1:40 | 19:31 9:13 | 21:45 2:14 | 24:37 2:52 | 26:03 1:26 |
| 9 | Jose Couceiro Coira G.O.C.A.N. G.O.C.A.N. | 42:40 | 3:05 2:13 2:13 | 1:53 3:08 0:55 | 3:18 3:49 0:41 | 2:20 4:43 0:54 | 2:01 6:09 1:26 | 0:51 7:14 1:05 | 1:57 8:09 0:55 | 0:15 8:43 0:34 | 9:56 1:13 | 12:00 2:04 | 16:01 4:01 | 18:27 2:26 | 22:58 4:31 | 24:30 1:32 |
| 10 | Pedro Salgado Astillero MANZANARES-O MANZANARES-O | 43:14 | 3:58 1:52 1:52 | 2:02 3:04 1:12 | 3:42 3:51 0:47 | 1:39 4:52 1:01 | 2:43 7:05 2:13 | 1:34 8:11 1:06 | 2:13 9:22 1:11 | 0:19 10:13 0:51 | 11:13 1:00 | 13:44 2:31 | 20:08 6:24 | 22:51 2:43 | 25:45 2:54 | 27:16 1:31 |
| 11 | Adrian Prieto Jimenez Club O-Charlies Club O-Charlies Ori | 43:47 | 3:06 3:00 31:11 | 3:05 0:57 34:08 | 3:43 0:37 37:39 | 4:44 0:53 38:19 | 2:25 1:33 40:55 | 0:48 2:20 41:38 | 1:46 1:03 43:25 | 0:21 0:28 43:47 | 11:42 0:51 | 13:49 2:07 | 19:34 5:45 | 22:10 2:36 | 27:08 4:58 | 28:45 1:37 |
| 12 | Jorge Valente Barrera Imperdible Imperdible | 44:23 | 2:26 29:35 | 2:57 32:27 | 3:31 37:10 | 0:40 37:54 | 2:36 40:19 | 0:43 41:07 | 1:47 42:53 | 0:22 43:14 | 12:44 | 14:44 | 19:24 | 21:38 | 25:37 | 27:06 |
| 13 | Luis Eduardo Benito Zamora CORZO CORZO | 44:31 | 2:29 3:40 3:40 | 2:52 5:19 1:39 | 4:47 6:13 0:54 | 0:46 7:07 0:54 | 2:21 8:21 1:14 | 2:05 9:36 1:15 | 1:39 10:28 0:52 | 0:18 11:03 0:35 | 12:21 1:18 | 14:15 1:54 | 18:54 4:39 | 21:20 2:26 | 27:32 6:12 | 29:03 1:31 |
| 14 | Ignacio Javier Mingorance Serrano EntreBalizas EntreBalizas | 45:47 | 3:23 1:33 32:15 | 1:51 2:32 0:59 | 3:56 3:14 0:42 | 0:49 4:23 1:09 | 2:38 5:46 1:23 | 0:49 6:46 1:00 | 1:43 7:40 0:54 | 0:19 8:18 0:38 | 9:14 0:56 | 11:06 1:52 | 18:49 7:43 | 21:14 2:25 | 26:32 5:18 | 28:01 1:29 |
| 15 | José Corredoira Rifon S.A.D. Tierra Tr S.A.D. Tierra Trágam | 45:52 | 4:14 3:12 3:12 | 2:25 4:05 0:53 | 4:32 4:52 0:47 | 0:52 5:56 1:04 | 2:13 7:50 1:54 | 0:45 8:53 1:03 | 2:25 9:45 0:52 | 0:20 10:18 0:33 | 11:20 1:02 | 13:20 2:00 | 20:25 7:05 | 22:36 2:11 | 27:43 5:07 | 29:22 1:39 |
| 16 | Mateo Vijande COLMENAR COLMENAR | 46:02 | 3:09 4:30 33:56 | 2:29 0:48 36:25 | 4:20 0:42 40:20 | 4:05 1:43 41:05 | 43:19 1:30 43:19 | 44:12 1:35 44:12 | 45:47 1:35 46:02 | 46:02 0:15 | 13:40 | 15:35 | 22:10 | 25:14 | 29:15 | 30:47 |
| 17 | Hector Lorenzo Yustos Imperdible Imperdible | 46:22 | 3:56 1:22 1:22 | 2:29 2:04 0:42 | 2:50 2:50 0:46 | 3:42 3:42 0:52 | 4:59 4:59 1:17 | 6:08 6:08 1:09 | 7:01 7:01 0:53 | 7:28 7:28 0:27 | 8:29 1:01 | 22:09 13:40 | 26:13 4:04 | 28:13 2:00 | 31:21 3:08 | 32:44 1:23 |
| 18 | Francisco Garcia Marin Imperdible Imperdible | 46:37 | 3:56 1:54 30:48 | 2:41 1:35 32:35 | 3:33 0:39 40:04 | 0:51 0:58 41:01 | 2:34 1:33 43:34 | 0:39 1:27 44:28 | 1:30 1:00 46:16 | 0:18 0:31 46:37 | 10:32 0:55 | 12:31 1:59 | 18:41 6:10 | 21:28 2:47 | 25:37 4:09 | 27:12 1:35 |
| 19 | Javier Serrano Molinero ESCONDITE NATURE ESCONDITE N | 47:24 | 3:36 2:22 32:14 | 1:47 3:20 0:58 | 7:29 4:16 0:56 | 0:57 5:24 1:08 | 2:33 7:10 1:46 | 0:54 8:22 1:12 | 1:48 9:49 1:27 | 0:21 10:49 1:00 | 11:54 1:05 | 14:00 2:06 | 18:39 4:39 | 23:47 5:08 | 26:53 3:06 | 28:38 1:45 |
| 20 | Jorge Diaz Bes COLMENAR COLMENAR | 49:54 | 3:36 2:52 36:25 | 2:27 4:01 38:32 | 5:06 4:42 43:06 | 1:04 5:39 43:57 | 2:51 7:24 46:59 | 0:48 8:38 47:44 | 2:32 9:48 49:36 | 0:22 10:22 49:54 | 11:32 1:10 | 19:16 7:44 | 24:04 4:48 | 26:58 2:54 | 31:26 4:28 | 33:02 1:36 |
| 21 | Ismael Serrano Molinero ESCONDITE NATURE ESCONDITE N | 50:03 | 3:23 16:02 38:49 | 2:07 0:50 40:37 | 4:34 0:35 43:52 | 0:51 0:54 44:39 | 3:02 1:30 47:01 | 0:45 1:07 47:41 | 1:52 1:04 49:45 | 0:18 0:33 50:03 | 23:33 0:58 | 25:19 1:46 | 29:46 4:27 | 32:01 2:15 | 34:51 2:50 | 36:14 1:23 |
| 22 | Eduardo Angulo De Pablo CORZO CORZO | 50:04 | 2:35 1:41 1:41 | 1:48 2:39 0:58 | 3:15 3:29 0:50 | 0:47 4:35 1:06 | 2:22 6:08 1:33 | 0:40 7:24 1:16 | 2:04 8:24 1:00 | 0:18 9:00 0:36 | 9:55 0:55 | 11:49 1:54 | 16:29 4:40 | 18:48 2:19 | 21:31 2:43 | 23:11 1:40 |
| 23 | Jesus Jimenez Imperdible Imperdible | 50:12 | 2:25 1:54 1:54 | 2:08 2:56 1:02 | 15:13 3:40 0:44 | 0:58 5:01 1:21 | 2:39 7:14 2:13 | 0:46 11:37 4:23 | 2:17 13:42 2:05 | 0:27 14:26 0:44 | 15:22 0:56 | 17:15 1:53 | 22:31 5:16 | 26:29 3:58 | 30:30 4:01 | 32:02 1:32 |
| 24 | Alvaro Rojo Perez Yelmo Orientació Yelmo Orientación | 50:26 | 2:24 3:25 3:25 | 2:30 4:43 1:18 | 5:52 6:15 1:32 | 1:39 7:58 1:43 | 2:47 10:04 2:06 | 0:45 11:47 1:43 | 1:55 13:19 1:32 | 0:18 13:45 0:26 | 14:35 0:50 | 18:52 4:17 | 23:26 4:34 | 25:58 2:32 | 29:29 3:31 | 31:34 2:05 |
| 25 | Álvaro Frecentese Lozano Malarruta Malarruta | 50:42 | 2:31 1:49 1:49 | 2:11 3:04 1:15 | 3:01 3:58 0:54 | 0:53 4:55 0:57 | 7:05 6:23 1:28 | 0:53 8:47 2:24 | 1:55 9:41 0:54 | 0:23 10:15 0:34 | 11:13 0:58 | 12:58 1:45 | 24:06 11:08 | 26:51 2:45 | 29:49 2:58 | 33:22 3:33 |
| 26 | Ricardo Martín Franco Navaleno-O Navaleno-O | 50:50 | 3:02 2:19 2:19 | 2:14 4:06 1:47 | 4:05 5:57 0:51 | 1:17 5:57 1:00 | 2:49 7:52 1:55 | 0:47 9:13 1:21 | 2:33 10:22 1:09 | 0:33 11:04 0:42 | 11:54 0:50 | 14:05 2:11 | 19:39 5:34 | 25:26 5:47 | 32:51 7:25 | 34:45 1:54 |
| | | | 3:16 | 1:51 | 4:32 | 0:47 | 2:27 | 0:52 | 2:03 | 0:17 | | | | | | |

| Pos | Nombre | Tiempo | | | | | | | | | | | | | | |
|---------------------|--|----------------|---------------------------|------------------------------|------------------------------|------------------------------|------------------------------|-------------------------------|--------------------------|--------------------------|--------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| M-20/35 (44) | | | 3,8 km 150 m | | 21 C (cont.) | | | | | | | | | | | |
| | | | 1(53) 15(44) | 2(64) 16(45) | 3(71) 17(73) | 4(33) 18(51) | 5(69) 19(62) | 6(39) 20(50) | 7(61) 21(100) | 8(35) Meta | 9(69) | 10(41) | 11(43) | 12(42) | 13(45) | 14(57) |
| 27 | David Sanz Gatón COV - Club de Or COV - Club de Ori | 52:25 | 1:37 1:37 40:03 | 2:28 0:51 42:01 | 3:15 0:47 46:01 | 4:11 0:56 46:52 | 5:39 1:28 49:26 | 6:51 1:12 50:07 | 7:51 1:00 52:07 | 8:25 0:34 52:25 | 9:13 0:48 52:25 | 10:59 1:46 52:25 | 12:09 17:10 52:25 | 13:09 2:34 52:25 | 14:09 5:10 52:25 | 15:09 1:30 52:25 |
| 28 | David Reina Laso G.O.C.A.N. G.O.C.A.N. | 53:00 | 2:27 2:27 37:04 | 3:34 1:07 39:53 | 4:31 0:57 45:20 | 5:42 1:11 46:49 | 8:52 3:10 49:39 | 10:13 1:21 50:30 | 11:28 1:15 52:43 | 12:07 0:39 53:00 | 13:26 1:19 53:00 | 16:35 3:09 53:00 | 21:24 4:49 53:00 | 25:47 4:23 53:00 | 29:50 4:03 53:00 | 31:45 1:55 53:00 |
| 29 | Diego López Martín COLMENAR COLMENAR | 53:40 | 3:20 3:20 36:14 | 4:11 0:51 38:01 | 5:18 1:07 42:09 | 6:52 1:34 43:04 | 8:25 1:33 45:13 | 10:53 2:28 45:58 | 12:08 1:15 53:20 | 13:06 0:58 53:40 | 14:02 0:56 53:40 | 18:18 4:16 53:40 | 24:09 5:51 53:40 | 26:43 2:34 53:40 | 31:53 5:10 53:40 | 33:42 1:49 53:40 |
| 30 | Xavier Amaya Garcia Malarruta Malarruta | 59:02 | 2:11 2:11 44:10 | 3:05 0:54 47:29 | 4:09 1:04 51:44 | 6:23 2:14 52:39 | 8:12 1:49 55:49 | 10:12 2:00 56:35 | 11:21 1:09 58:44 | 11:51 0:30 59:02 | 13:16 1:25 59:02 | 16:03 2:47 59:02 | 30:11 14:08 59:02 | 33:58 3:47 59:02 | 38:26 4:28 59:02 | 40:25 1:59 59:02 |
| 31 | José Luis Miguel Pellón ORIENTE ORIENTE | 59:50 | 6:11 6:11 43:09 | 7:24 1:13 45:08 | 8:19 0:55 50:45 | 9:32 1:13 52:00 | 11:26 1:54 55:26 | 12:42 1:16 56:37 | 13:48 1:06 59:24 | 14:30 0:42 59:50 | 15:37 1:07 59:50 | 17:47 2:10 59:50 | 27:21 9:34 59:50 | 31:50 4:29 59:50 | 37:55 6:05 59:50 | 40:13 2:18 59:50 |
| 32 | Jose Antonio Fernandez Plaza IBERIA IBERIA | 1:00:25 | 4:10 4:10 43:59 | 5:25 1:15 46:48 | 6:29 1:04 51:22 | 7:33 1:04 52:14 | 9:22 1:49 55:17 | 10:52 1:30 56:30 | 12:09 1:17 59:58 | 13:03 0:54 1:00:25 | 14:16 1:13 1:00:25 | 16:30 2:14 1:00:25 | 33:17 16:47 1:00:25 | 35:45 2:28 1:00:25 | 39:16 3:31 1:00:25 | 41:11 1:55 1:00:25 |
| 33 | David Huerta ORIENTE ORIENTE | 1:02:58 | 3:55 3:55 46:23 | 5:19 1:24 49:08 | 6:30 1:11 53:32 | 7:44 1:14 54:37 | 9:39 1:55 57:45 | 10:57 1:18 1:00:17 | 12:04 1:07 1:02:42 | 12:39 0:35 1:02:58 | 13:43 1:04 1:02:58 | 15:59 2:16 1:02:58 | 24:42 8:43 1:02:58 | 29:55 5:13 1:02:58 | 40:56 11:01 1:02:58 | 42:57 2:01 1:02:58 |
| 34 | Angel Luis Manzaneque Esteso MANZANARES-O MANZANARES-O | 1:03:05 | 2:46 2:46 41:49 | 3:57 1:11 48:19 | 4:58 1:01 53:27 | 6:14 1:16 54:48 | 8:11 1:57 57:55 | 9:36 1:25 59:13 | 11:07 1:31 1:02:37 | 11:51 0:44 1:03:05 | 13:04 1:13 1:03:05 | 15:32 2:28 1:03:05 | 26:19 10:47 1:03:05 | 29:09 2:50 1:03:05 | 35:34 6:25 1:03:05 | 38:19 2:45 1:03:05 |
| 35 | Manuel Carreras Zapata ORIENTE ORIENTE | 1:07:00 | 5:11 5:11 50:41 | 6:30 1:19 53:14 | 7:19 0:49 57:34 | 8:49 1:30 58:27 | 11:23 2:34 1:01:43 | 12:48 1:25 1:04:25 | 13:56 1:08 1:06:44 | 14:53 0:57 1:07:00 | 15:46 0:53 1:07:00 | 19:10 3:24 1:07:00 | 30:04 10:54 1:07:00 | 33:56 3:52 1:07:00 | 45:05 11:09 1:07:00 | 47:08 2:03 1:07:00 |
| 36 | Antonio Carvajal García Yelmo Orientació Yelmo Orientación | 1:08:11 | 3:33 4:54 48:44 | 5:33 1:01 50:33 | 6:36 0:41 54:47 | 7:29 0:53 1:00:07 | 9:11 1:42 1:03:39 | 11:58 2:47 1:04:23 | 13:46 1:48 1:07:46 | 15:34 1:48 1:08:11 | 16:58 1:24 1:08:11 | 24:35 7:37 1:08:11 | 33:21 8:46 1:08:11 | 35:57 2:36 1:08:11 | 42:28 6:31 1:08:11 | 44:58 2:30 1:08:11 |
| 37 | Carlos Bernardo Rodriguez Gil BOADILLAVENTURA BOADILLAVEN | 1:08:16 | 3:26 3:26 51:50 | 4:43 1:17 55:07 | 5:32 0:49 59:18 | 6:55 1:23 1:00:15 | 8:28 1:33 1:03:34 | 10:41 2:13 1:04:46 | 11:54 1:13 1:07:50 | 12:43 0:49 1:08:16 | 14:00 1:17 1:08:16 | 16:31 2:31 1:08:16 | 23:41 7:10 1:08:16 | 34:00 10:19 1:08:16 | 37:57 3:57 1:08:16 | 48:22 10:25 1:08:16 |
| 38 | Julian Arbizu Crespo COLMENAR COLMENAR | 1:10:26 | 3:28 5:32 5:32 | 6:17 8:30 0:58 | 7:12 7:12 0:42 | 8:16 10:23 1:04 | 8:16 10:23 2:07 | 12:15 12:15 1:52 | 18:03 18:03 5:48 | 18:38 18:38 0:35 | 19:47 1:09 8:49 | 28:36 8:49 6:29 | 35:05 6:29 3:29 | 38:34 3:29 5:08 | 43:42 5:08 5:52 | 49:34 5:52 5:52 |
| 39 | Javier Raimundo Valdecantos ESCONDITE NATURE ESCONDITE N | 1:24:01 | 4:37 4:37 53:25 | 6:04 1:27 56:53 | 6:59 0:55 1:10:45 | 8:13 1:14 1:15:27 | 10:31 2:18 1:20:14 | 12:28 1:57 1:21:07 | 14:08 1:40 1:23:34 | 14:57 0:49 1:24:01 | 16:17 1:20 1:24:01 | 19:34 3:17 1:24:01 | 29:10 9:36 1:24:01 | 32:44 3:34 1:24:01 | 40:37 7:53 1:24:01 | 43:45 3:08 1:24:01 |
| 40 | Roberto Amorós Hoyos Malarruta Malarruta | 1:35:02 | 14:20 14:20 1:10:54 | 15:33 1:13 1:17:53 | 17:03 1:30 1:24:40 | 18:40 1:37 1:25:44 | 22:45 4:05 1:29:34 | 24:30 1:45 1:30:56 | 25:57 1:27 1:34:36 | 26:50 0:53 1:35:02 | 28:02 1:12 1:35:02 | 31:11 3:09 1:35:02 | 53:52 22:41 1:35:02 | 58:02 4:10 1:35:02 | 1:04:52 6:50 1:35:02 | 1:07:20 2:28 1:35:02 |
| 41 | Javier Guerra Lopez CLUB NAVALCARNER CLUB NAVAL | 1:35:36 | 3:34 3:50 3:50 | 6:59 6:18 2:28 | 6:47 7:46 1:28 | 1:04 9:58 2:12 | 3:50 14:45 4:47 | 1:22 17:07 2:22 | 3:40 19:17 2:10 | 0:26 20:36 1:19 | 22:03 1:27 1:27 | 25:30 3:27 1:27 | 40:15 14:45 1:27 | 45:25 5:10 1:27 | 50:54 5:29 1:27 | 53:06 2:12 1:27 |
| 42 | Antonio Gómez Poblete MANZANARES-O MANZANARES-O | 1:37:54 | 4:33 7:17 7:17 | 3:07 10:41 3:24 | 24:12 14:07 3:26 | 1:31 15:37 1:30 | 4:21 23:17 7:40 | 1:30 25:58 2:41 | 2:45 27:21 1:23 | 0:31 28:38 1:17 | 29:58 1:20 1:20 | 33:59 4:01 4:01 | 54:19 20:20 1:20 | 58:04 3:45 1:20 | 1:06:19 8:15 1:20 | 1:09:13 2:54 1:20 |
| 43 | David Anechina Abelló Navaleno-O Navaleno-O | 1:50:30 | 5:43 5:43 1:10:47 | 7:55 2:12 1:25:01 | 8:56 1:01 1:32:11 | 10:35 1:39 1:35:03 | 12:41 2:06 1:46:12 | 14:30 1:49 1:47:36 | 15:59 1:29 1:50:05 | 17:13 1:14 1:50:30 | 18:29 1:16 1:50:30 | 21:23 2:54 1:50:30 | 40:15 18:52 1:50:30 | 44:27 4:12 1:50:30 | 1:04:00 19:33 1:50:30 | 1:06:34 2:34 1:50:30 |
| | Alfonso Nieto Del Arco C.D.E Rumbo Madr C.D.E Rumbo Ma | bandona | 7:27 7:27 ----- | 9:03 1:36 ----- | 11:19 2:16 ----- | 12:55 1:36 ----- | 15:27 2:32 ----- | 17:45 2:18 ----- | 19:44 1:59 1:38:45 | 22:15 2:31 1:40:02 | 28:52 6:37 14:39 | 36:21 7:29 1:17 | 54:01 17:40 1:17 | 58:58 4:57 1:17 | 1:24:06 25:08 1:17 | ----- ----- ----- |
| M-21A (9) | | | 4,2 km 130 m | | 21 C | | | | | | | | | | | |
| | | | 1(31) 15(45) | 2(33) 16(49) | 3(39) 17(55) | 4(37) 18(51) | 5(69) 19(50) | 6(39) 20(53) | 7(40) 21(100) | 8(36) Meta | 9(39) | 10(42) | 11(45) | 12(44) | 13(47) | 14(57) |
| 1 | Andreas Grote OLC SKOG FRIBOUR OLC SKOG FR | 51:09 | 1:40 1:40 41:51 | 3:48 2:08 44:03 | 6:03 2:15 45:03 | 8:01 1:58 46:44 | 9:26 1:25 48:34 | 10:32 1:06 49:08 | 16:07 5:35 50:52 | 22:24 6:17 51:09 | 24:14 1:50 51:09 | 29:54 5:40 51:09 | 33:20 3:26 51:09 | 35:36 2:16 51:09 | 38:22 2:46 51:09 | 40:17 1:55 51:09 |
| 2 | Luis Martinez Oliver COLMENAR COLMENAR | 53:52 | 1:34 2:22 2:22 | 2:12 4:33 2:11 | 1:00 6:33 2:00 | 1:41 8:07 1:34 | 1:50 9:43 1:36 | 0:34 11:01 1:18 | 1:44 14:08 3:07 | 0:17 18:40 4:32 | 21:05 2:25 53:52 | 27:28 6:23 53:52 | 31:01 3:33 53:52 | 33:25 2:24 53:52 | 34:47 1:22 53:52 | 37:00 2:13 53:52 |

| Pos | Nombre | Tiempo | | | | | | | | | | | | | | |
|------------------|---|----------------|-------------------------|------------------------------|-------------------------------------|-------------------------------------|--|--|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| <i>M-21A (9)</i> | | | 4,2 km | 130 m | 21 C | <i>(cont.)</i> | | | | | | | | | | |
| | | | 1(31) 15(45) | 2(33) 16(49) | 3(39) 17(55) | 4(37) 18(51) | 5(69) 19(50) | 6(39) 20(53) | 7(40) 21(100) | 8(36) Meta | 9(39) | 10(42) | 11(45) | 12(44) | 13(47) | 14(57) |
| 3 | Arturo Garcia Dengra ESCONDITE NATURE ESCONDITE N | 54:54 | 2:07 2:07 41:15 | 4:07 2:00 44:10 | 6:15 2:08 45:16 | 8:10 1:55 50:18 | 9:37 1:27 52:40 | 10:50 1:13 53:19 | 14:11 3:21 54:37 | 19:10 4:59 54:54 | 20:54 1:44 22:58 | 28:56 8:02 30:45 | 34:10 5:14 35:04 | 36:19 2:09 37:58 | 37:45 1:26 39:50 | 39:34 1:49 42:01 |
| 4 | Pablo Saz Segovia Club Sotobosque Club Sotobosque | 55:00 | 1:41 43:44 | 2:55 46:33 | 1:06 47:46 | 5:02 50:11 | 2:22 52:46 | 0:39 53:20 | 1:18 54:43 | 0:17 55:00 | | | | | | |
| 5 | Jesús Sánchez Rubal COLMENAR COLMENAR | 57:52 | 1:43 2:03 2:03 | 2:49 4:23 2:20 | 1:13 6:28 2:05 | 2:25 8:42 2:14 | 2:35 10:18 1:36 | 0:34 11:24 1:06 | 1:23 19:10 7:46 | 0:17 23:28 4:18 | 1:39 25:07 25:07 | 6:12 31:19 6:12 | 4:38 35:57 4:38 | 4:06 40:03 4:06 | 43:56 43:56 43:56 | 47:37 47:37 3:41 |
| 6 | Gabriel Valero Moreno BOM BOM | 1:03:52 | 4:04 4:04 54:19 | 6:34 2:30 56:54 | 11:07 4:33 58:19 | 13:16 2:09 1:00:05 | 15:05 1:49 1:01:54 | 16:26 1:21 1:02:27 | 20:48 4:22 1:03:32 | 31:59 11:11 1:03:52 | 34:12 2:13 2:13 | 40:25 6:13 6:13 | 45:04 4:39 4:39 | 48:01 2:57 2:57 | 49:48 1:47 1:47 | 52:47 2:59 2:59 |
| 7 | Rafael Lozano Navarro Orientación Río Orientación Río Carri | 1:06:09 | 1:32 1:57 49:39 | 2:35 4:11 53:07 | 1:25 6:18 54:08 | 1:46 8:33 1:01:07 | 1:49 10:00 1:03:43 | 0:33 11:08 1:04:22 | 1:05 17:56 1:05:52 | 0:20 26:29 1:06:09 | | | | | | |
| 8 | Pablo Fernandez Cascales Imperdible Imperdible | 1:21:21 | 1:32 1:54 1:04:24 | 3:28 4:29 1:07:37 | 1:01 8:57 1:08:43 | 6:59 17:36 1:12:19 | 2:36 19:05 1:14:49 | 0:39 24:06 1:19:10 | 1:30 29:59 1:20:55 | 0:17 35:07 1:21:21 | | | | | | |
| | Pol Carretero Pellicer ESCONDITE NATURE ESCONDITE N | 1:21:21 | 4:54 4:54 56:56 | 9:35 4:41 1:01:55 | 11:56 2:21 1:06:37 | 13:13 1:17 1:09:42 | 14:05 0:52 1:13:26 | 18:45 4:40 1:14:13 | 24:55 6:10 1:16:21 | 34:50 9:55 1:16:44 | 41:52 7:02 7:02 | 47:04 5:12 5:12 | 51:14 4:10 4:10 | 52:54 1:40 1:40 | 55:19 2:25 2:25 | |
| | | | 1:37 | 4:59 | 4:42 | 3:05 | 3:44 | 0:47 | 2:08 | 0:23 | | | | | | |
| M-40 (21) | | | 3,5 km | | | 170 m | | 19 C | | | | | | | | |
| | | | 1(62) 15(55) | 2(71) 16(73) | 3(64) 17(67) | 4(32) 18(53) | 5(69) 19(100) | 6(61) Meta | 7(43) | 8(40) | 9(38) | 10(43) | 11(58) | 12(44) | 13(45) | 14(58) |
| 1 | EUSEBIO ANDRÉS GARNACHO GOI Alabarda-O Alabarda-O | 37:34 | 2:04 2:04 30:35 | 3:52 1:48 31:57 | 4:27 0:35 34:03 | 5:23 0:56 35:53 | 7:12 1:49 37:17 | 8:39 1:27 37:34 | 13:36 4:57 33:23 | 15:57 2:21 33:23 | 18:42 2:45 33:23 | 20:31 1:49 33:23 | 23:43 3:12 33:23 | 25:31 1:48 33:23 | 27:44 2:13 33:23 | 28:59 1:15 33:23 |
| 2 | Juan Pozo Ortiz ORIENTA-GETAFE ORIENTA-GETAF | 39:20 | 1:36 2:14 33:35 | 1:22 4:00 34:58 | 2:06 4:32 36:40 | 1:50 5:28 38:01 | 1:24 7:30 39:04 | 0:17 11:04 39:20 | *60 16:12 39:20 | | | | | | | |
| 3 | Juanjo Alonso Checa COLMENAR COLMENAR | 41:18 | 1:27 1:56 34:16 | 1:23 4:51 35:37 | 1:42 5:39 37:37 | 1:21 8:29 39:36 | 1:03 10:45 40:57 | 0:16 12:14 41:18 | 16:31 18:31 41:18 | 22:43 2:00 41:18 | 4:12 4:12 4:12 | 24:29 1:46 24:29 | 27:40 3:11 27:40 | 29:17 1:37 29:17 | 31:22 2:05 31:22 | 32:34 1:12 32:34 |
| 4 | Antonio Rodríguez Hernandez Alabarda-O Alabarda-O | 43:49 | 1:42 2:30 36:41 | 1:21 4:09 38:11 | 2:00 4:42 40:35 | 1:59 5:44 42:16 | 1:21 8:31 43:32 | 0:21 10:15 43:49 | 15:39 17:34 43:49 | 22:42 2:08 43:49 | 24:50 5:08 43:49 | 28:19 2:08 43:49 | 30:46 3:29 43:49 | 32:54 2:27 43:49 | 34:15 2:08 43:49 | 34:15 1:21 43:49 |
| 5 | Miguel Alvarez Berruozo C.D.E Rumbo Madr C.D.E Rumbo Ma | 44:34 | 2:26 1:38 36:30 | 1:30 1:38 38:08 | 2:24 2:19 40:27 | 1:41 2:20 42:47 | 1:16 2:20 44:18 | 0:17 1:31 44:34 | 18:19 20:18 44:34 | 23:21 25:17 44:34 | 3:03 1:56 44:34 | 3:03 1:56 44:34 | 28:42 3:25 44:34 | 30:48 2:06 44:34 | 32:51 2:03 44:34 | 34:52 2:01 44:34 |
| 6 | Cristóbal Fernández Liria COTA COTA | 46:29 | 1:38 2:09 38:39 | 1:38 4:33 40:23 | 2:19 5:15 42:55 | 2:20 6:26 44:32 | 1:31 9:13 46:07 | 0:16 10:53 46:29 | 18:40 21:09 46:29 | 23:41 25:50 46:29 | 2:29 2:32 46:29 | 2:09 3:44 46:29 | 29:34 3:44 46:29 | 31:35 2:01 46:29 | 34:24 2:49 46:29 | 35:51 1:27 46:29 |
| 7 | Jaime Pérez López S.A.D. Tierra Tr S.A.D. Tierra Trágam | 46:53 | 2:48 3:13 41:10 | 1:44 5:13 42:40 | 2:32 5:42 44:22 | 1:37 6:37 45:32 | 1:35 8:34 46:36 | 0:22 10:28 46:53 | 14:54 16:34 46:53 | 28:19 30:16 46:53 | 11:45 1:57 46:53 | 11:45 1:57 46:53 | 28:19 33:14 46:53 | 35:18 2:58 46:53 | 38:32 2:04 46:53 | 39:45 1:13 46:53 |
| 8 | José Enrique Barcia Hernández ORIENTA-GETAFE ORIENTA-GETAF | 47:20 | 2:10 2:08 40:00 | 1:28 8:05 41:28 | 2:06 8:36 43:34 | 1:41 9:32 45:15 | 1:46 11:32 47:01 | 0:19 15:18 47:20 | 20:19 3:46 47:20 | 22:30 2:11 47:20 | 25:56 3:26 47:20 | 28:06 2:10 47:20 | 31:22 3:16 47:20 | 33:25 2:03 47:20 | 36:29 3:04 47:20 | 37:50 1:21 47:20 |
| 9 | Alberto José García Calado S.D. Correcamino S.D. Correcamino | 49:42 | 2:08 2:08 38:25 | 4:40 2:32 40:21 | 5:23 0:43 42:29 | 6:39 1:16 47:27 | 9:29 2:50 49:21 | 11:31 2:02 49:42 | 16:21 4:50 49:42 | 18:32 2:11 49:42 | 21:31 2:59 49:42 | 24:13 2:42 49:42 | 28:02 3:49 49:42 | 30:16 2:14 49:42 | 33:52 3:36 49:42 | 35:31 1:39 49:42 |
| 10 | Jose A. Cejudo G.O.C.A.N. G.O.C.A.N. | 52:43 | 2:54 3:08 45:45 | 1:56 6:45 47:00 | 2:08 7:10 49:13 | 4:58 8:32 51:02 | 1:54 12:26 52:28 | 0:21 14:40 52:43 | 21:25 24:54 52:43 | 28:05 30:41 52:43 | 28:05 3:11 52:43 | 30:41 2:36 52:43 | 35:59 5:18 52:43 | 38:36 2:37 52:43 | 41:40 3:04 52:43 | 43:32 1:52 52:43 |
| 11 | Benedicto Santos Astur Extrem Clu Astur Extrem Club | 58:58 | 2:52 4:47 47:52 | 5:31 3:03 50:55 | 6:03 2:12 53:07 | 7:18 4:03 57:10 | 9:41 1:24 58:34 | 12:39 0:24 58:58 | 22:21 24:36 58:58 | 32:34 34:03 58:58 | 34:03 1:29 58:58 | 37:29 3:26 58:58 | 39:15 1:46 58:58 | 41:37 2:22 58:58 | 43:05 1:28 58:58 | |
| 12 | Pablo Fernandez Liria La Brujula - Jai La Brujula - Jaire Av | 1:00:34 | 2:44 2:44 50:54 | 5:51 3:07 52:43 | 6:33 0:42 55:30 | 9:03 2:30 57:56 | 13:32 4:29 1:00:08 | 15:31 1:59 1:00:34 | 24:22 8:51 1:00:34 | 27:11 2:49 1:00:34 | 30:57 3:46 1:00:34 | 34:37 3:40 1:00:34 | 38:35 3:58 1:00:34 | 41:14 2:39 1:00:34 | 45:18 4:04 1:00:34 | 47:13 1:55 1:00:34 |
| 13 | Miguel Angel Toledo Navarro Alabarda-O Alabarda-O | 1:01:15 | 3:14 3:14 52:12 | 6:28 3:14 53:59 | 7:38 1:10 56:37 | 9:56 2:18 58:41 | 13:08 3:12 1:00:41 | 16:36 3:28 1:01:15 | 23:05 6:29 1:01:15 | 26:44 3:39 1:01:15 | 32:43 5:59 1:01:15 | 35:53 3:10 1:01:15 | 40:29 4:36 1:01:15 | 43:04 2:35 1:01:15 | 47:30 4:26 1:01:15 | 49:40 2:10 1:01:15 |

| Pos | Nombre | Tiempo | 2,0 km 80 m | | 15 C | | | | | | | | | | | |
|-----------------|--|---------|---------------------------------|---------------------------------|---------------------------------|----------------------------------|-----------------------------------|------------------------------------|------------------------------------|------------------------------------|----------------------------------|------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| | | | 1(52) 15(100) | 2(53) Meta | 3(64) | 4(46) | 5(32) | 6(33) | 7(35) | 8(69) | 9(63) | 10(33) | 11(36) | 12(51) | 13(34) | 14(50) |
| M-60 (1) | | | | | | | | | | | | | | | | |
| 1 | Luis Emilio Oliver Navas COLMENAR COLMENAR | 49:17 | 8:36 8:36 48:39 4:22 | 10:36 2:00 49:17 0:38 | 12:26 1:50 | 14:46 2:20 | 15:42 0:56 | 18:31 2:49 | 19:41 1:10 | 21:52 2:11 | 24:22 2:30 | 26:14 1:52 | 30:44 4:30 | 34:21 3:37 | 37:45 3:24 | 44:17 6:32 |
| M-E (19) | | | 4,7 km 210 m | | 22 C | | | | | | | | | | | |
| | | | 1(53) 15(42) | 2(34) 16(44) | 3(38) 17(48) | 4(72) 18(49) | 5(43) 19(51) | 6(38) 20(62) | 7(69) 21(50) | 8(37) 22(100) | 9(38) Meta | 10(55) | 11(48) | 12(57) | 13(47) | 14(48) |
| 1 | Javier Ruiz De La Herran Pidal COMA COMA | 36:13 | 1:15 1:15 1:04 | 2:30 1:15 1:27 | 4:38 2:08 0:57 | 5:51 1:13 2:13 | 8:26 2:35 1:09 | 9:44 1:18 2:18 | 11:11 1:27 0:34 | 12:31 1:20 1:20 | 14:37 2:06 0:16 | 17:49 3:12 | 20:56 3:07 | 21:59 1:03 | 23:42 1:43 | 24:55 1:13 |
| 2 | Luis Milvaques Casadó S.D. Correcamino S.D. Correcamino | 39:58 | 4:15 30:26 1:03 | 5:19 32:04 1:38 | 7:50 32:59 0:55 | 9:05 34:59 2:00 | 12:08 36:14 1:15 | 13:54 37:55 1:41 | 15:39 38:28 0:33 | 16:54 39:44 1:16 | 18:58 39:58 0:14 | 21:53 21:00 | 25:33 3:40 | 26:35 1:02 | 28:21 1:46 | 29:23 1:02 |
| 3 | Alberto Minguez Viñambres Imperdible Imperdible | 41:44 | 1:13 1:13 30:58 1:26 | 2:22 1:09 32:51 1:53 | 5:14 2:52 33:50 0:59 | 6:40 1:26 36:15 2:25 | 9:34 2:54 37:51 1:36 | 10:58 1:24 39:30 1:39 | 12:35 1:37 40:07 0:37 | 13:50 1:15 41:27 1:20 | 15:57 2:07 41:44 0:17 | 21:10 5:13 | 25:03 3:53 | 26:08 1:05 | 28:15 2:07 | 29:32 1:17 |
| 4 | Greg Ahlswede ESCONDITE NATURE ESCONDITE N | 42:08 | 1:38 1:38 30:41 1:41 | 2:50 1:12 32:20 1:39 | 5:12 2:22 33:15 0:55 | 8:00 2:48 35:39 2:24 | 10:41 2:41 37:26 1:47 | 12:10 1:29 39:29 2:03 | 14:08 1:58 40:06 0:37 | 15:22 1:14 41:50 1:44 | 17:35 2:13 42:08 0:18 | 21:12 3:37 | 24:30 3:18 | 25:41 1:11 | 27:32 1:51 | 29:00 1:28 |
| 5 | Carlos Landa Sanchez Veleta Veleta | 43:11 | 1:24 1:24 32:39 1:14 | 2:34 1:10 34:21 1:42 | 7:41 5:07 35:16 0:55 | 9:09 1:28 37:30 2:14 | 12:01 2:52 38:46 1:16 | 13:31 1:30 40:35 1:49 | 15:59 2:28 41:12 0:36 | 17:19 1:20 42:55 1:43 | 19:40 2:21 43:11 0:16 | 23:26 3:46 | 27:30 4:04 | 28:31 1:01 | 30:18 1:47 | 31:25 1:07 |
| 6 | Ricardo Garcia Dengra ESCONDITE NATURE ESCONDITE N | 43:53 | 1:16 1:16 31:26 1:16 | 2:34 1:18 33:47 2:21 | 5:30 2:56 34:56 1:09 | 6:44 1:14 37:44 2:48 | 9:49 3:05 39:08 1:24 | 11:21 1:32 41:07 1:59 | 13:01 1:40 41:50 0:43 | 14:16 1:15 43:35 1:45 | 16:53 2:37 43:53 0:18 | 20:44 3:51 | 25:23 4:39 | 26:33 1:10 | 28:46 2:13 | 30:10 1:24 |
| 7 | IGNACIO SANCHEZ MUÑOZ NAVALCÁN- O NAVALCÁN- O | 46:31 | 1:16 1:16 34:46 1:16 | 1:50 1:50 36:36 2:21 | 1:09 1:09 37:45 1:09 | 2:35 2:35 40:20 2:48 | 2:01 2:01 42:21 1:24 | 1:49 0:36 44:10 0:43 | 0:36 1:28 46:14 1:35 | 1:28 0:17 48:14 2:08 | 0:17 0:15 49:10 2:08 | 24:17 4:56 | 28:54 4:37 | 30:10 1:16 | 32:11 2:01 | 33:30 1:19 |
| 8 | Jesus Oliver Sáez COLMENAR COLMENAR | 47:57 | 1:22 1:22 34:25 1:37 | 2:47 1:25 36:36 2:11 | 6:05 3:18 37:39 1:03 | 7:37 1:32 40:32 2:53 | 10:54 1:32 42:25 1:53 | 12:25 1:31 45:19 2:54 | 15:18 2:53 46:06 0:47 | 16:33 1:15 47:42 1:36 | 18:57 2:24 47:57 0:15 | 23:04 4:07 | 27:15 4:11 | 28:30 1:15 | 31:18 2:48 | 32:48 1:30 |
| 9 | Elmar Montero Cárcelos GODIH ALBACETE GODIH ALBACE | 49:29 | 1:28 1:28 36:06 2:01 | 2:41 1:13 38:07 2:01 | 5:31 2:50 38:59 0:52 | 7:41 2:10 41:54 2:55 | 13:27 5:46 43:57 2:03 | 17:05 3:38 46:41 2:44 | 19:26 2:21 47:22 0:41 | 20:47 1:21 49:10 1:48 | 22:38 1:51 49:29 0:19 | 26:02 3:24 | 29:28 3:26 | 30:33 1:05 | 32:37 2:04 | 34:05 1:28 |
| 10 | Santiago Jiménez Molina G.O.C.A.N. G.O.C.A.N. | 50:09 | 1:27 1:27 36:19 1:37 | 2:42 1:15 38:06 1:47 | 5:37 2:55 39:09 1:03 | 11:28 5:51 42:27 3:18 | 14:37 3:09 45:06 2:39 | 16:27 1:50 47:12 2:06 | 19:00 2:33 47:54 0:42 | 20:22 1:22 49:51 1:57 | 22:10 1:48 50:09 0:18 | 26:37 4:27 | 30:08 3:31 | 31:18 1:10 | 33:12 1:54 | 34:42 1:30 |
| 11 | Cesar Torrejon Rubio Tjalve Tjalve | 51:47 | 1:25 1:25 38:42 1:26 | 3:08 1:43 41:02 2:02 | 8:09 5:01 42:06 1:04 | 9:33 1:24 44:49 2:43 | 13:08 3:35 46:28 1:39 | 14:25 1:17 48:47 2:19 | 16:11 1:46 49:28 0:41 | 17:41 1:30 51:27 1:59 | 20:14 2:33 51:47 0:20 | 24:33 4:19 | 29:12 4:39 | 32:05 2:53 | 35:52 3:47 | 37:16 1:24 |
| 12 | Antonio Hernandez Fernandez E. D. ALCON E. D. ALCON | 53:18 | 1:25 1:25 40:05 1:30 | 3:17 1:52 42:27 2:22 | 6:32 3:15 43:25 0:58 | 8:10 1:38 46:38 3:13 | 13:27 5:17 48:35 1:57 | 16:05 2:38 50:26 1:51 | 19:55 3:50 51:06 0:40 | 21:16 1:21 52:56 1:50 | 23:47 2:31 53:18 0:22 | 27:32 3:45 | 32:45 5:13 | 33:59 1:14 | 37:12 3:13 | 38:35 1:23 |
| 13 | Rodrigo Jimenez Jimenez E. D. ALCON E. D. ALCON | 56:58 | 1:34 1:34 39:49 2:11 | 2:51 1:17 42:02 2:13 | 8:25 5:34 42:59 0:57 | 10:26 2:01 46:56 3:57 | 15:03 4:37 50:40 3:44 | 16:50 1:47 53:47 3:07 | 20:00 3:10 54:41 0:54 | 21:46 1:46 56:38 1:57 | 24:04 2:18 56:58 0:20 | 27:51 3:47 | 32:37 4:46 | 34:01 1:24 | 36:11 2:10 | 37:38 1:27 |
| 14 | Pablo Alonso Regidor EntreBalizas EntreBalizas | 59:34 | 2:12 2:12 45:33 3:55 | 3:18 1:06 47:35 2:02 | 13:29 10:11 48:38 1:03 | 16:48 3:19 51:20 2:42 | 21:30 4:42 54:32 3:12 | 23:22 1:52 56:48 2:16 | 25:48 2:26 57:24 0:36 | 27:22 1:34 59:14 1:50 | 29:50 2:28 59:34 0:20 | 33:01 3:11 | 37:06 4:05 | 38:11 1:05 | 40:22 2:11 | 41:38 1:16 |
| 15 | Ramón García-catalán Simón Imperdible Imperdible | 1:03:42 | 1:47 1:47 44:24 1:32 | 3:15 1:28 46:17 1:53 | 6:33 3:18 47:15 0:58 | 11:21 4:48 53:29 6:14 | 20:19 8:58 58:12 4:43 | 22:25 2:06 1:00:23 2:11 | 25:07 2:42 1:01:04 0:41 | 26:53 1:46 1:03:22 2:18 | 29:03 2:10 1:03:42 0:20 | 34:03 5:00 | 37:52 3:49 | 39:09 1:17 | 41:10 2:01 | 42:52 1:42 |
| 16 | Todor Yovkov LOS ÁNGELES ORIE LOS ÁNGELES | 1:11:40 | 6:23 6:23 54:19 1:42 | 8:20 1:57 57:33 3:14 | 12:55 4:35 59:06 1:33 | 14:34 1:39 1:03:13 4:07 | 19:20 4:46 1:05:38 2:25 | 1:08:42 2:40 1:08:42 3:04 | 1:09:37 3:01 1:09:37 0:55 | 1:11:22 4:13 1:11:22 1:45 | 1:11:40 0:18 | 36:25 5:02 | 43:53 7:28 | 45:53 2:00 | 50:18 4:25 | 52:37 2:19 |
| 17 | David Fernandez Casas COLMENAR COLMENAR | 1:19:29 | 3:01 3:01 59:39 1:55 | 5:48 2:47 1:02:58 3:19 | 9:28 3:40 1:04:04 1:06 | 15:43 6:15 1:08:11 4:07 | 29:50 14:07 1:10:58 2:47 | 31:53 2:03 1:14:19 3:21 | 36:03 4:10 1:16:48 2:29 | 37:45 1:42 1:19:08 2:20 | 40:27 2:42 1:19:29 0:21 | 45:28 5:01 | 50:32 5:04 | 53:32 3:00 | 56:02 2:30 | 57:44 1:42 |
| 18 | Antonio Cayetano Garcia Rodriguez Veleta Veleta | 1:31:37 | 1:57 1:57 1:08:33 3:20 | 3:51 1:54 1:11:24 2:51 | 7:57 4:06 1:12:28 1:04 | 10:51 2:54 1:17:37 5:09 | 16:36 5:45 1:21:17 3:40 | 21:04 4:28 1:25:28 4:11 | 24:52 3:48 1:28:35 3:07 | 36:15 11:23 1:31:11 2:36 | 39:18 3:03 1:31:37 0:26 | 46:07 6:49 | 54:03 7:56 | 55:37 1:34 | 1:03:06 7:29 | 1:05:13 2:07 |
| | Cosme Sanchez Dorado E. D. ALCON E. D. ALCON | bandona | 1:15 1:15 ----- | 2:26 1:11 ----- | 4:48 2:22 ----- | 6:09 1:21 ----- | ----- ----- ----- | 16:38 10:29 ----- | 18:41 2:03 ----- | 19:53 1:12 32:22 | 21:55 2:02 32:46 | 24:53 2:58 ----- | ----- ----- ----- | ----- ----- ----- | ----- ----- ----- | ----- ----- ----- |

| Pos | Nombre | Tiempo | 1,1 km 40 m | | | | | | | 7 C | | | | | | | | |
|--------------------------|---|------------|--------------|-------------|-------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|------|
| | | | 1(52) | 2(65) | 3(70) | 4(67) | 5(71) | 6(46) | 7(100) | Meta | | | | | | | | |
| OPEN AMARILLO (9) | | | | | | | | | | | | | | | | | | |
| 1 | María García Martín ORIENTE ORIENTE | 19:41 | 3:29 | 5:38 | 8:36 | 10:37 | 13:27 | 17:20 | 19:08 | 19:41 | | | | | | | | |
| 2 | Irene Puig Cano Individuals/No c Individuals/No club | 21:22 | 3:01 | 5:45 | 8:58 | 11:22 | 14:43 | 18:31 | 20:48 | 21:22 | | | | | | | | |
| 3 | Paula Serrano Puig Individuals/No c Individuals/No club | 22:24 | 3:33 | 5:12 | 7:59 | 10:17 | 13:27 | 18:13 | 21:27 | 22:24 | | | | | | | | |
| 4 | Carlota Cano-cortes Ruiz COLMENAR COLMENAR | 29:27 | 4:18 | 6:47 | 10:56 | 14:08 | 19:19 | 25:11 | 27:07 | 29:27 | | | | | | | | |
| 5 | Alicia Cano-cortes Ruiz COLMENAR COLMENAR | 29:28 | 4:26 | 6:59 | 11:22 | 14:05 | 19:28 | 25:17 | 27:10 | 29:28 | | | | | | | | |
| 6 | Cristina Mingorance Mayordomo EntreBalizas EntreBalizas | 33:31 | 3:03 | 5:37 | 9:30 | 15:27 | 21:53 | 27:23 | 31:53 | 33:31 | | | | | | | | |
| 7 | Paloma Cano Roldán Individuals/No c Individuals/No club | 34:54 | 4:30 | 8:00 | 12:31 | 15:59 | 20:15 | 25:58 | 32:28 | 34:54 | | | | | | | | |
| 8 | Sofía Manzaneque Aparicio CRIPTANA VERTICA CRIPTANA VEF | 44:37 | 6:38 | 11:15 | 16:40 | 22:44 | 29:38 | 37:32 | 42:53 | 44:37 | | | | | | | | |
| 9 | Misericordia Sáez Torres COLMENAR COLMENAR | 56:21 | 8:54 | 12:47 | 20:26 | 38:59 | 41:44 | 47:11 | 53:59 | 56:21 | | | | | | | | |
| OPEN NARANJA (12) | | | | | | | | | | | | | | | | | | |
| | | | 1,7 km 60 m | | | 14 C | | | | | | | | | | | | |
| | | | 1(53) | 2(31) | 3(32) | 4(33) | 5(61) | 6(36) | 7(73) | 8(51) | 9(60) | 10(67) | 11(62) | 12(65) | 13(52) | 14(100) | | |
| 1 | Yaiza María Alonso Fernández Malarruta Malarruta | 38:08 | 7:45 | 9:39 | 12:37 | 14:39 | 18:07 | 19:36 | 22:15 | 23:48 | 25:41 | 26:38 | 28:50 | 30:59 | 33:06 | 36:37 | | |
| 2 | Rocío Martín Individuals/No c Individuals/No club | 50:16 | 4:52 | 7:21 | 9:11 | 11:21 | 13:36 | 17:12 | 21:24 | 22:46 | 24:54 | 26:45 | 42:45 | 43:41 | 46:13 | 49:48 | | |
| 3 | Estela Bejerano Hoyo Individuals/No c Individuals/No club | 1:00:56 | 8:49 | 10:42 | 14:31 | 17:50 | 20:48 | 23:02 | 27:30 | 38:20 | 40:34 | 41:54 | 44:56 | 52:08 | 55:34 | 59:44 | | |
| 4 | Carlos Gomez Niño Individuals/No c Individuals/No club | 1:03:10 | 9:19 | 11:29 | 17:15 | 20:49 | 24:46 | 26:53 | 30:02 | 32:53 | 37:43 | 39:29 | 42:19 | 49:10 | 55:20 | 1:01:14 | | |
| 5 | Julia Galiano Adán Toledo Orientaci Toledo Orientacion | 1:03:13 | 9:20 | 11:35 | 17:17 | 20:55 | 24:48 | 27:02 | 30:12 | 32:54 | 37:50 | 39:39 | 42:25 | 49:13 | 55:13 | 1:01:17 | | |
| 6 | Maryan Sanchez Martinez Individuals/No c Individuals/No club | 1:04:16 | 4:17 | 7:11 | 11:06 | 13:36 | 33:48 | 35:25 | 41:45 | 43:31 | 45:26 | 52:44 | 55:09 | 57:42 | 1:00:14 | 1:03:46 | | |
| 7 | Vanessa García Corrochano Club O-Charlies Club O-Charlies Ori | 1:09:18 | 20:41 | 34:20 | 36:15 | 38:52 | 41:13 | 43:02 | 45:35 | 47:01 | 49:30 | 50:06 | 1:03:39 | 1:04:46 | 1:06:08 | 1:08:49 | | |
| 8 | Natalia Cejudo Martín G.O.C.A.N. G.O.C.A.N. | 1:12:26 | 7:25 | 12:40 | 16:04 | 19:12 | 26:10 | 33:25 | 36:06 | 46:16 | 48:02 | 50:37 | 55:51 | 59:36 | 1:07:43 | 1:11:46 | | |
| 9 | Maria Luisa Fuentes Ramírez Individuals/No c Individuals/No club | 1:37:59 | 31:16 | 34:44 | 39:20 | 43:32 | 56:16 | 1:01:24 | 1:04:33 | 1:08:57 | 1:12:58 | 1:14:29 | 1:17:50 | 1:22:48 | 1:26:08 | 1:37:01 | | |
| 10 | Daniel Hernandez Romeo S.A.D. Tierra Tr S.A.D. Tierra Trágam | 1:46:27 | 11:50 | 23:05 | 32:17 | 39:49 | 55:52 | 58:28 | 1:03:36 | 1:07:23 | 1:20:37 | 1:23:21 | 1:30:00 | 1:32:44 | 1:38:03 | 1:44:02 | | |
| 11 | Daniel Abella Cela Individuals/No c Individuals/No club | 1:49:33 | 29:52 | 33:04 | 42:12 | 47:14 | 54:28 | 58:45 | 1:04:05 | 1:10:24 | 1:16:27 | 1:19:55 | 1:31:35 | 1:36:10 | 1:41:08 | 1:48:54 | | |
| | Alberto Fernández Martínez S.A.D. Tierra Tr S.A.D. Tierra Trágam | r en tarj. | 9:26 | ---- | 42:37 | 45:12 | 48:04 | 49:55 | 56:22 | 58:20 | 1:01:07 | 1:02:03 | 1:04:55 | 1:07:52 | 1:11:13 | 1:14:48 | | |
| OPEN ROJO (8) | | | | | | | | | | | | | | | | | | |
| | | | 3,0 km 160 m | | | 19 C | | | | | | | | | | | | |
| | | | 1(62) | 2(34) | 3(51) | 4(59) | 5(58) | 6(42) | 7(43) | 8(38) | 9(40) | 10(41) | 11(37) | 12(38) | 13(36) | 14(61) | | |
| 1 | Sara-yvonne Brunete Moya Individuals/No c Individuals/No club | 46:47 | 2:59 | 5:14 | 7:04 | 9:55 | 12:42 | 13:46 | 18:13 | 21:07 | 27:32 | 30:23 | 30:55 | 33:56 | 37:08 | 38:12 | | |
| 2 | Jorge Cermeño Berrocal COLMENAR COLMENAR | 48:21 | 2:09 | 4:06 | 1:00 | 2:38 | 1:41 | 0:28 | 1:42 | 1:06 | 1:00 | 2:38 | 2:09 | 6:49 | 2:49 | 2:32 | 2:47 | 1:59 |
| 3 | Pablo Herrero Jiménez C.D.C.E.B.E. C.D.C.E.B.E. | 1:30:28 | 5:16 | 9:04 | 11:17 | 13:48 | 25:52 | 27:34 | 34:56 | 38:05 | 44:09 | 56:43 | 57:20 | 1:01:09 | 1:04:54 | 1:06:35 | | |

